

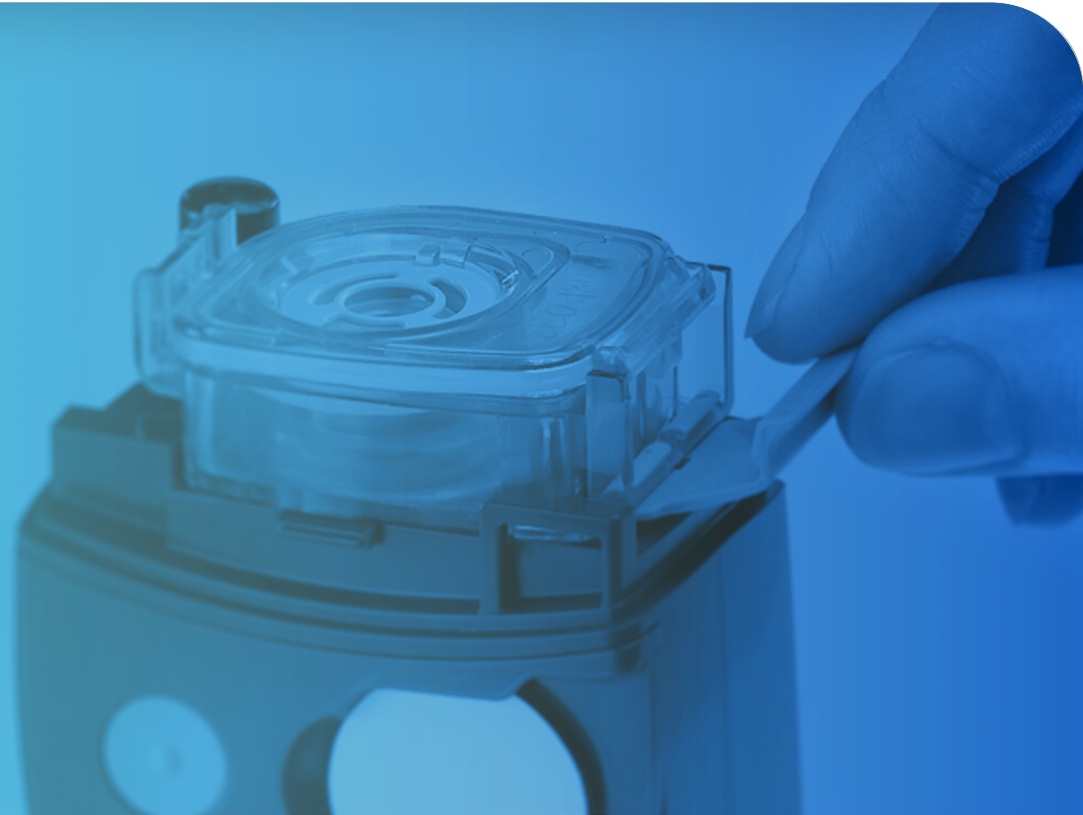
I-neb step-by-step guide



I-neb step-by-step guide

USING YOUR I-NEB

The user manual that accompanies your device provides detailed information on the use and maintenance of your I-neb. This summary relates to the use of your I-neb for the administration of Promixin (colistimethate sodium) only. In some cases, your doctor may have instructed you to use your I-neb to administer other medications. In such cases, please ask your doctor for advice on how to administer other medications through the I-neb.



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IMPORTANT:

You should never use bleach or similar products to clean your I-neb. The I-neb and its components are not suitable for cleaning in the dishwasher. Do not use brushes or sharp objects to clean any part of the I-neb/its components. Try not to touch the silver mesh in the coloured chamber. It is the most delicate part of the I-neb and is easily damaged.



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PREPARING YOUR TREATMENT

Before your treatment: Ensure your I-neb is sufficiently charged and the Promixin disc has been inserted. There should be at least 2 bars showing on the battery display icon.

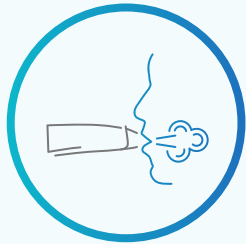
See the page 'Preparing your medication for nebulisation' for a summary of how to prepare Promixin.

Note: The grey chamber is the standard dosing chamber for Promixin. Some people may be advised by their doctor to use the lilac chamber to administer their Promixin dose. Please only use the lilac chamber if you have been instructed to do so by your doctor.

- Place the chamber onto the I-neb. Remove the chamber lid and then place the medication guide on top of the chamber.
- Fill the chamber with the prepared Promixin solution (see Preparing your medication for nebulisation) using the medication guide and place the chamber lid onto the chamber to create a seal.
- Place the mouthpiece onto the I-neb. The I-nhale Clinical Trainer will have advised you which mouthpiece is most suitable for you to use and trained you how to use your I-neb with that mouthpiece.
- Press the grey button to start your treatment.



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ADMINISTERING YOUR TREATMENT

- Hold the I-neb in a horizontal position with the display screen facing down towards the floor.
- Breathe out and then seal your lips around the mouthpiece.
- Breathe in through your mouth for as long as you are comfortable to, or until you feel the I-neb vibrate to tell you that you have reached your target inhalation time. The I-neb will only vibrate when the TIM mouthpiece is used. If you have been advised to use the TBM mouthpiece you should inhale for as long as you are comfortable to - no vibration will be felt.
- Breathe out fully, through your mouth.
- Continue breathing in this way until you hear the I-neb beep to tell you that the treatment is complete. The display screen will show a happy face. The I-neb will turn itself off automatically.



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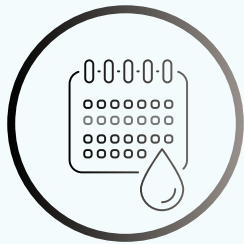


AFTER YOUR TREATMENT

- It is important that you wash the mouthpiece, chamber, chamber lid and medication guide after every use.
- After your treatment, carefully remove the mouthpiece and the chamber lid and place these in the cleaning basket along with the medication guide.
- Pour any excess medication within the chamber onto a tissue, then remove the chamber and place it in the cleaning basket (the tissue can be disposed of safely).
- Place the basket in warm soapy water with 3–4 drops of washing up liquid.
- Move the basket back and forth in the water for one minute.
- Rinse the basket in soft, distilled or filtered water. If you have hard water, you can rinse with water that has been boiled and left to cool.
- Shake off any excess water and leave all parts to air dry in the basket.
- Wipe around the sensor port of the I-neb with an alcohol wipe.



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WEEKLY CLEAN

You should also perform a weekly wash of your I-neb parts. This is important to help keep your I-neb working well.

- Place the mouthpiece, chamber, chamber lid, and medication guide into the cleaning basket.
- Put the basket into a saucepan of water, making sure that the water fully covers the basket.
- Add a couple of drops of washing up liquid to the saucepan and then bring the water to the boil. Continue to boil for 6–10 minutes.
- Carefully remove from the saucepan, e.g. using tongs, and rinse the basket in soft, distilled or filtered water. If you have hard water, you can rinse with water that has been boiled and left to cool.
- Shake off any excess water and leave all parts to air dry in the basket.
- If required, wipe around the body of the I-neb with a clean, damp cloth.

Regular cleaning of your I-neb, as instructed, will help to keep your I-neb working well. Poorly cleaned components can make your I-neb less efficient in delivering medication, meaning it will take you longer to complete your treatments.





I-nhale Support Programme
Contact Information:



0330 808 8668



Bionical.I-nhale@nhs.net



Medical Information
Enquiry Line:



0800 0288 942



infoUK@zambongroup.com